**Effects of anthropogenic noise on haul-out numbers of harbor seals (*Phoca vitulina)***

Kyra Bankheada, Grace Freemanb, Wyatt Heimbichner Goebela & Alejandro Acevedo-Gutiérreza.

aDepartment of Biology, Western Washington University, 516 High St., Bellingham, WA, 98225-9160, USA; bEducation Analytics Inc., 110 E Main St #1000, Madison, WI 53703, USA

Corresponding Author: **Kyra Bankhead** (email: bankheak@oregonstate.edu)

**Abstract**

Haul-out sites of harbor seals (*Phoca vitulina*) include areas with high levels of anthropogenic noise. In some cases, seals haul out at night when there are lower in-air noise levels. However, it is unclear if there are additional responses to noise pollution. To determine potential impacts of anthropogenic noise on haul-out behavior, we compared numbers of hauled-out harbor seals relative to in-air noise levels at two sites in Washington State, USA —one close to human activities (Bellingham waterfront) and one away from them (Semiahmoo marina)— between July 2020 and August 2021. We used Generalized Linear Models to identify predictors of seal numbers. The marina had lower mean noise levels than the waterfront (40.2 ± SD 5.5 dB, n=50 versus 50.5 ± SD 4.4 dB, n=176). Julian date, tide level, time of day and location significantly predicted haul-out numbers at the waterfront, whereas only in-air noise level predicted those numbers at the marina. Results indicate that in-air noise levels may influence seal numbers at sites where human activities are low. They also suggest that, besides hauling-out at night, seals may become tolerant to in-air noise levels at sites where human activities are high.

**Key words:** harbor seal, *Phoca vitulina,*anthropogenic noise, haul-out behavior, Salish Sea

**Introduction**

Human settlements are very common along coastlines; worldwide, over 37% of humans live ≤100 km from the seacoast, a percentage that continues to increase (United Nations 2017). Along these coastlines, human activity can overlap crucial marine mammal habitat such as haul-out locations where pinnipeds (seals, fur seals, sea lions, and the walrus) temporarily leave the water to rest or thermoregulate (Watts 1996). In the highly developed northern hemisphere, the ubiquitous distribution of harbor seals (*Phoca vitulina*) means that their interactions with humans are likely to be relatively high, making them a suitable candidate to study the impact of human disturbance due to development. When disturbed by humans, harbor seals on land typically rush into the water (Terhune and Almon 1983; Allen et al. 1984; Ruiz-Mar et al. 2022). Over longer periods of time, consequences of disturbance on seals include reducing the amount of time spent nursing their pups (Ruiz-Mar et al. 2022), delaying the return to the haul-out site (Paterson et al. 2019), hauling-out at times of day when disturbance is low (Grigg et al. 2002; London et al. 2012), avoiding areas of high disturbance (Montgomery et al. 2007), or possibly abandoning a haul-out site (Newby 1973). One component of disturbance related to human development is in-air noise pollution; however, to our knowledge, few studies have examined the influence of in-air noise level on the haul-out behavior of harbor seals.

Factors influencing the haul-out behavior of harbor seals are numerous and appear to be site-specific, but they include season, tide level, air temperature, wind speed, and precipitation (London et al. 2012; Granquist and Hauksson 2016). Determining cause and effect of harbor seal haul-out behavior has proven difficult given the large number of variables and the challenges of conducting controlled experiments. To increase our understanding of the impacts of anthropogenic noise on harbor seals, we conducted a comparative study on the haul-out behavior of harbor seals between two similar haul-out sites —one close to human activities and one away from them.

Urban areas have high levels of anthropogenic activities that generate in-air noise pollution. In downtown Bellingham, Washington State, USA, an industrial pond along the Whatcom Creek Waterway housed a strand of logs known as the log boom where harbor seals used to haul-out (Farrer and Acevedo-Gutiérrez 2010). In the spring of 2008, however, demolition began on a large-scale remediation project (Port of Bellingham, 2019). This remediation project included demolition, construction, shipping of materials, and increased foot and vehicle traffic of workers, causing an increase in noise levels during the day (Acevedo-Gutiérrez and Cendejas-Zarelli 2011). Between 2015 and 2016 the log boom was removed, and seals have been hauling out on wooden dock structures called pilons along the waterfront instead (Benko 2017). Because harbor seals use this site to haul-out (Farrer and Acevedo-Gutiérrez 2010), noise disturbance many affect their haul-out patterns due to the energetic cost of frequent flushes into the water (Karpovich et al. 2015). Moreover, Acevedo-Gutiérrez and Cendejas-Zarelli (2011) reported lower in-air noise levels and higher numbers of harbor seals hauled-out at night than during the day at the Bellingham waterfront, after the remediation project began. However, it is still unclear if noise pollution in Bellingham is the cause of this observed nocturnal haul-out pattern and if there are additional impacts of noise pollution over longer periods of time.

To determine if anthropogenic noise levels influenced harbor seal haul-out behavior, we examined the number of hauled-out harbor seals relative to in-air noise level and other environmental variables at the Bellingham waterfront twelve years after the study of Acevedo-Gutiérrez and Cendejas-Zarelli (2011) and at a haul-out site with low anthropogenic activities, the Semiahmoo marina (Patterson and Acevedo-Gutiérrez 2008). We hypothesized that in-air noise levels at the waterfront would be significantly higher than at the marina, and that there would be a significant negative relationship between anthropogenic noise level and the number of seals hauled out at both sites.

**Methodology**

Study Sites

The Bellingham waterfront haul-out site is located in Bellingham Bay at the former Georgia Pacific paper mill (48º 44' N, 122º 29' W) (Figure 1). The site is accessible at any tide level and covers an area of approximately 18,650 , 700 of which was available haul-out area for the seals. This site consists of two locations (East and West) with floating pilons approximately 250 m from one another (Figure 1). These locations were surveyed separately to observe all the pilons on which the harbor seals haul out. The human activity in this area was high due to a public beach next to the waterfront as well as construction to develop the terrain into commercial land. The Semiahmoo marina haul-out site is located in Drayton Harbor (48° 59.11' N, 122° 46.42' W), about 34 km from the waterfront (Figure 1). The marina consists of three connected floating water breakers that harbor seals use as a haul-out site and that are accessible at all tide levels (Patterson and Acevedo-Gutiérrez 2008). The site covered an area of approximately 40,000 , 1,180 of which was available haul-out area for the seals. The marina was exposed to less activity than the waterfront due to exclusive access to its dock and the relative seclusion of the area.

Data collection

Observations were conducted between July 2020 and August 2021 by trained undergraduate students at Western Washington University. The students observed harbor seals at the waterfront three days per week during daylight hours. Each survey sample consisted of two students who recorded the number of seals observed hauled-out within the location’s range in a period of three minutes. To ensure that harbor seals were not counted twice among locations, the survey on the second location was conducted < 5 min from the end of the survey on the first location (East or West, randomly selected) . We observed harbor seals at the marina once per week during daylight hours following the methods used at the waterfront site. Observations were conducted from a 6-m-high bluff located along a public pathway and facing the three floating water breakers protecting the marina. All three locations (the two sites at the waterfront and that one at the marina) had consistent land markers to ensure each survey was conducted from the same spot on land > 100 m from the seals.

We used 10 × 40 binoculars to record the total number of adult harbor seals and pups hauled out (Farrer and Acevedo-Gutiérrez 2010). The in-air sound pressure levels (SPLs) were measured as an indicator of the amount of anthropogenic noise around each haul-out site. SPLs were consistently recorded 100 m from the haul-out location using a NM102 Sound Level Meter (Noise Meters USA, Houston, USA). The NM102 sound level meter has a resolution and accuracy of 0.1 dB ± 1.5 dB (re: 94 dB @ 1 kHz, in air), a frequency range of 31.5 Hz to 8 kHz, and a selectable noise level range of 30 to 130 dB(A) and 35 to 130 dB(C) re 20 µPa. The NM102 sound level meter has been employed to measure in-air noise in other studies (Asuquo et al. 2001; Acevedo-Gutiérrez and Cendejas-Zarelli 2011). The A-weighting curve and the C-weighting curve are commonly used curves employed to measure SPLs, as they measure frequency and amplitudes respectively within a human’s auditory range (Skilling and Munro 2016), which is very similar to the harbor seal’s in-air auditory range (Mohl 1968). During each survey, the dB values were monitored and recorded every 30 seconds over a three-minute interval then averaged at the beginning of the survey using the omnidirectional microphone of the sound level meter. SPL readings were taken with a windshield attached to the noise meter to avoid over-clustering of noise readings.

To account for other factors that might have influenced the numbers of harbor seals hauled-out, we recorded date, time of day, weather condition and tide level during each observation. We used the wxtide47 (2007) program to find tide levels at each observation start time. We also recorded human activities that occurred during the counts such as air, vessel, construction, and pedestrian traffic (Osinga et al. 2012; Paterson et al. 2019; Ruiz-Mar et al. 2022). Foot traffic was tallied as pedestrians walking or running ≤ 100 m from seals. Vessel traffic was tallied when any type of watercraft approached seals ≤ 100 m from seals, as harbor seals are disturbed by boats approaching the haul-out site rather than by boats passing through the area (Johnson and Acevedo-Gutiérrez 2007). Air traffic was tallied when observers heard helicopters or planes flying over the site. Car traffic was tallied when noisy events were heard by the observer, such as sirens or car honks. Finally, construction traffic was tallied when observers heard noise from construction machinery.

All data collection complied with the USA Marine Mammal Protection Act and did not require additional permitting as determined by Western Washington University’s Animal Care and Use Committee.

Data analysis

Statistical analyses were conducted using R statistical software (R Core Team, 2021). Due to the nonnormality and unequal variances in noise levels between sites, we ran a Mann-Whitney U-test to determine if mean noise levels were different between sites. To examine the potential effect of anthropogenic noise levels on the number of harbor seals hauled-out, we related our response variable (number of seals hauled-out at each site) to several predictor variables: in-air noise level, Julian date, tide level, time of day, and, in the case of the waterfront, location (East and West). Given that some of these predictors were expected to change inconsistently over time (Lyons 2018), we analyzed the data with Generalized Linear Models (GLMs). GLMs are the best tools for analyzing count data when multiple effects are present (Zuur et al. 2009).

Seal counts were checked for over-dispersion due to a lack of independence between counts in the response variable, leading to the variance being higher than the mean (Burnham and Anderson 2002). We used the dispersion ratio (dr) in the Pearson's Chi-Squared test where no dispersion would give a ratio of zero (Bolker et al. 2009).

Given the different characteristics of the two haul-out sites and our interest in the variations in seal numbers relative to noise within each site, we conducted separate analyses for the marina and the waterfront. For each analysis, we first selected the following predictor variables as fixed factors: in-air noise level, Julian date, tide level, and time of day (adding location only for the waterfront). We checked for collinearity between predictor variables using the Performance package (Lüdecke et al. 2021). We used backward-directional model selection to determine the most parsimonious model for each site (Zuur et al. 2009). Candidate models included different combinations of noise level, Julian date, tide level, time of day, and location as fixed factors as well as appropriate interactions. Models were compared using Akaike Information Criterion (AIC), where a lower AIC value indicates a better-fit model.

Over-dispersion was found at both the marina and the waterfront in our count data (waterfront: dr = 4.31, p < 0.005, marina: dr = 14.9, p < 0.005). In addition, the package Performance (Lüdeckel et al. 2021) indicated zero inflation in the response variable at both sites, suggesting that excess zeros were generated by a separate process from the count values and can be modeled independently (Long and Freese 2006). These outcomes and the density graphs for the response variable (Figure 2), indicated using a negative binomial model for both sites (Bolker et al. 2009). However, due to the small sample size at the marina, its negative binomial GLM produced a large theta value indicating a lack of overdispersion. Additionally, the marina’s response variable had a much larger variance compared to its mean (μ = 29.0, σ2 = 709.2). Based on these results, we decided that the number of seals hauled-out at the waterfront best fit a negative binomial distribution, whereas the counts at the marina best fit a quasi-Poisson distribution (Ver Hoef and Boveng 2007).

**Results**

A total of 223 surveys were conducted across the year-long study period (176 at the waterfront and 50 at the marina). The total number of seals peaked in August at the marina and in July at the waterfront (Figure 3). Within these peak months, the median number of hauled-out harbor seals was nearly 10 times larger at the marina than at the waterfront (waterfront: Med: 7 seals, IQR = 9.5, n = 32 observations; marina: Med: 65 seals, IQR = 50, n = 9 observations).

The Mann-Whitney U test showed a significant difference in mean in-air noise levels between sites (W = 2133, p = << 0.001, n = 393). The waterfront had an average in-air noise level of 50.5 ± 4.4 dB whereas the average in-air noise level at the marina was 40.2 ± 5.5 dB (Figure 4). Human-related activities ≤ 100 m from harbor seals were recorded on 52.6% of observations at the waterfront and 15.4% of observations at the marina. Vessel traffic was the most frequent human activity at both sites compared to construction, air, and pedestrian traffic. Vessel traffic comprised 47.8% of the human-related activities at the waterfront and 62.5% at the marina. Construction traffic was the second most frequent human activity at the waterfront (24.4% of activities).

At the waterfront, there was no significant association between seal numbers and in-air noise levels; however, seal numbers declined with increasing noise levels at the marina (Figure 5). At the waterfront, the most parsimonious GLM included time of day, location and an interaction between Julian date and tide level as predictors for the number of harbor seals hauled-out (Table 1A). In-air noise level was not significant in the null model (p = 0.717) and thus dropped from the final model, therefore, there was no association between seal numbers and in-air noise levels at the waterfront (Table 1B). Julian date, tide level, time of day and location were all significant predictors of the number of harbor seals hauled-out at the waterfront (Table 1B). At the marina, the backward-directional model selection resulted in only one significant GLM model, which only included in-air noise level. Julian date, tide level and time of day were not significant in the null model (p = 0.606, 0.271, 0.761) and dropped during the backward-directional model selection (Table 1B). Noise level was a significant predictor of the number of harbor seals hauled-out at the marina (Table 1B). Using the Performance package, we found a low variance inflation factor of 1.00 for final models at both sites.

**Discussion**

Our data support the hypothesis that the Bellingham waterfront, with high anthropogenic activity, would have higher in-air noise levels relative to the Semiahmoo marina, with low anthropogenic activity (Figure 4). We also hypothesized that within sites, harbor seal haul-out numbers would significantly decrease as ambient noise level increased. This hypothesis was supported at the marina, but not at the waterfront (Table 1B, Figure 5). Seals at the waterfront were subjected to more noise on average and higher traffic than at the marina, yet their hauled-out numbers were unrelated to noise levels.

The relationship between noise level and seal numbers at the marina and the lack of such relationship at the waterfront, suggests that seals at the waterfront may be habituated to higher noise levels than those at the marina. This could be because frequently repeated exposure to long durations of anthropogenic noise can cause diminished responses to acoustics signals that would otherwise make harbor seals flush into the water (Benko 2017). Our results on human activities also support the habituation hypothesis, as there was less traffic at the marina than at the waterfront, which could have resulted in seals being more responsive to in-air noise disturbance at the marina. The heightened response in areas of low activity has been described elsewhere. For instance, harbor seals at sites with low vessel activity flush more readily in response to boats than those at high activity sites (Cates and Acevedo-Gutiérrez 2017). Additionally, changes in the frequency of human activity over long time periods impedes orienting behavior in other seal species, due to their inability to habituate to irregular stimuli (Van Polanen Petel et al. 2008). Since human activity at the marina was typically lower than at the waterfront, seals could have been startled by variable increases in traffic and therefore avoid hauling-out in those conditions.

Besides noise levels, the marina and waterfront also differed in other environmental influences on harbor seal haul-out behavior. The seals at the waterfront were affected by the date, tide level, and time of day, whereas the seals at the marina showed no variation with these variables. As many of these variables can affect harbor seal haul-out behavior (Terhune and Almon 1983; Patterson and Acevedo-Gutiérrez 2008; London et al. 2012; Granquist and Hauksson 2016), the results at the marina were unexpected and could be due to the large variability in the data. The location within the waterfront site was also a significant predictor of numbers of seals hauled out, which could be due to the difference in available area between locations (~260 m2 for the East location versus ~440 m2 for the West location). Additionally, the significant interaction between Julian date and tide level at the waterfront means that the effect of date on haul-out behavior depended on the tide level and vice versa. In other sites, harbor seals haul-out in the highest numbers during and after the pupping and molting seasons at low tide (Pauli and Terhune 1987; Reder et al. 2003). Given that the timing of pupping and molting in the Salish Sea (Huber et al. 2001), and the timing of pupping at the site (Farrer and Acevedo-Gutiérrez 2010) range from March to August, harbor seals at the waterfront may be behaving similarly (Figure 3).

Our seal counts at the waterfront where far lower than those reported during the daytime twelve years prior by Acevedo-Gutiérrez and Cendejas-Zarelli (2011), suggesting that human development and log removal has affected the presence of seals in the area since 2009. Sound levels within the two study periods were also vastly different; noise levels averaged around 75.3 dB in 2009 compared to our average noise levels of 50.5 dB. The difference in noise levels is most likely due to the COVID-19 pandemic that took place during our study period, as many people were forced to stay home away from the Bellingham waterfront. Nonetheless, Acevedo-Gutiérrez and Cendejas-Zarelli (2011) found that the number of harbor seals hauled-out during the day decreased as noise increased, a relationship that was not significant in our results. The difference between the two studies could be the result of both aforementioned long-term effects. Seals being habituated to relatively high noise levels could have been unaffected by the relatively low disturbance during the pandemic and therefore elicited no response in the seals at the waterfront. Additionally, the decrease in harbor seal abundance between study periods could have also affected the variation in seal counts and therefore the effect of noise levels on this measurement.

Across sites, there were more harbor seals hauled-out at the marina throughout the year, where noise level and human disturbance was lower. It is unclear if the high seal numbers at the marina were related to noise levels or to another factor such as the size of the haul-out platform (700 at the waterfront versus 1,180 at the marina) or the proximity of nearby foraging grounds.Although the haul-out area at the marina was larger than that of the waterfront, seals at the marina stuck close together on one outstretched dock for most observations, effectively occupying a very small area. Little is known about foraging grounds for both sites, seals at the marina do appear to forage on a variety of prey in the adjacent estuary (Luxa and Acevedo-Gutiérrez 2013) whereas seals at the waterfront are suspected to prey on migrating salmon in the nearby Whatcom Creek during the Fall salmon run (Farrer and Acevedo-Gutiérrez 2010; Freeman et al. 2022). One caveat of our study is the lack of nocturnal observations, due to safety concerns for observers, which would have teased out any diurnal factors that could affect haul-out patterns. If the less tolerant members of the population relocate to nocturnal haul-outs, then our focus group (i.e., the daylight group on which observations were taken) could have been biased towards more tolerant individuals. That is, we could have only been measuring responses in those who learn to ignore nonthreatening stimuli rather than those who displace themselves from it (Bejder et al. 2009).

Managing anthropogenic noise pollution relies on spatial and temporal threat assessments. Buffer zones have been established by the National Oceanic and Atmospheric Administration of the US for managing marine mammals and preventing their harassment. Our results suggest that noise buffers should be implemented relative to level of human activity: at greater distances in areas where harbor seals are exposed to reduced human activity. There are already a few successful and cost-effective noise reduction methods in place, including the implementation of vegetation to reduce roadside traffic levels (Kalansuriya et al. 2009). To minimize seal disturbance, these designs need to be implemented around haul-out sites.

We found a negative relationship between harbor seal haul-out numbers and anthropogenic in-air noise levels in an area of low anthropogenic activity (the marina). At a site with high levels of anthropogenic activity (the waterfront), we detected evidence of habituation to in-air noise levels. It is currently unknown if seals at the waterfront still haul-out more at night than during the day. However, our results provide evidence that harbor seals vary their response over time at sites with high levels of human activity. These findings guide the development of flexible sound buffer designs formulated to the level of human activity in pinniped haul-out areas.

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Data availability

The data generated and analyzed during this study are available from the corresponding author upon reasonable request.

**Author information**

Author ORCIDs

Kyra Bankhead https://orcid.org/0000-0002-5194-2802

Alejandro Acevedo-Gutiérrez https://orcid.org/0000-0002-9128-826X

Competing interests

The authors declare no competing interests.

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Author contributions

K.B, W.H.-G., and A.A.-G. contributed to project design. K.B. collected the data. G.F. and K.B. conducted data analysis. K.B. and A.A.-G. were the primary writers of the manuscript, and all other authors assisted in editing the manuscript.

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Table 1: (A) Model results at the Bellingham waterfront predicting the total number of harbor seals hauled out relative to other predictors. The change in AIC value is the difference between the tested model and the model of best fit (as determined by the lowest AIC value). (B) Significant predictors of harbor seal numbers at the Bellingham waterfront and the Semiahmoo marina based on the candidate GLM for each site. A line through a variable indicates that it was not significant in the model.

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| (A) |  | | | | | | | | | | | |
| Model | **df** | **AIC Value** | | | | **Δ AIC** | | | | | |
| Julian Date \* Tide + Time of day + Location | 7 | 1430.71 | | | | 0 | | | | | |
| Julian Date + Tide + Time of Day + Location | 6 | 1433.39 | | | | 2.69 | | | | | |
| Noise + Julian Date + Tide + Time of day + Location | 7 | 1435.28 | | | | 4.59 | | | | | |
| (B) |  | | | | | | | | | | | |
|  | Waterfront | | | | Marina | | | | | | | |
| Predictor | Z value | | | P value | T value | | | | | | P value | |
| Noise Level | \_\_\_\_\_\_\_\_ | | \_\_\_\_\_\_\_\_ | | -4.25 | | | | | | <<0.001 | |
| Julian Date | 3.68 | <0.001 | | | \_\_\_\_\_\_\_\_ | | | | | | \_\_\_\_\_\_\_\_ | |
| Tide | -1.99 | 0.047\* | | | \_\_\_\_\_\_\_\_ | | | | | \_\_\_\_\_\_\_\_ | | |
| Time of Day | 2.87 | 0.004\* | | | \_\_\_\_\_\_\_\_ | | | | \_\_\_\_\_\_\_\_ | | | |
| Location | 7.77 | << 0.001 | | | \_\_\_\_\_\_\_\_ | | | \_\_\_\_\_\_\_\_ | | | | |
| Julian\*Tide | 1.99 | 0.0467\* | | | \_\_\_\_\_\_\_\_ | | \_\_\_\_\_\_\_\_ | | | | | |

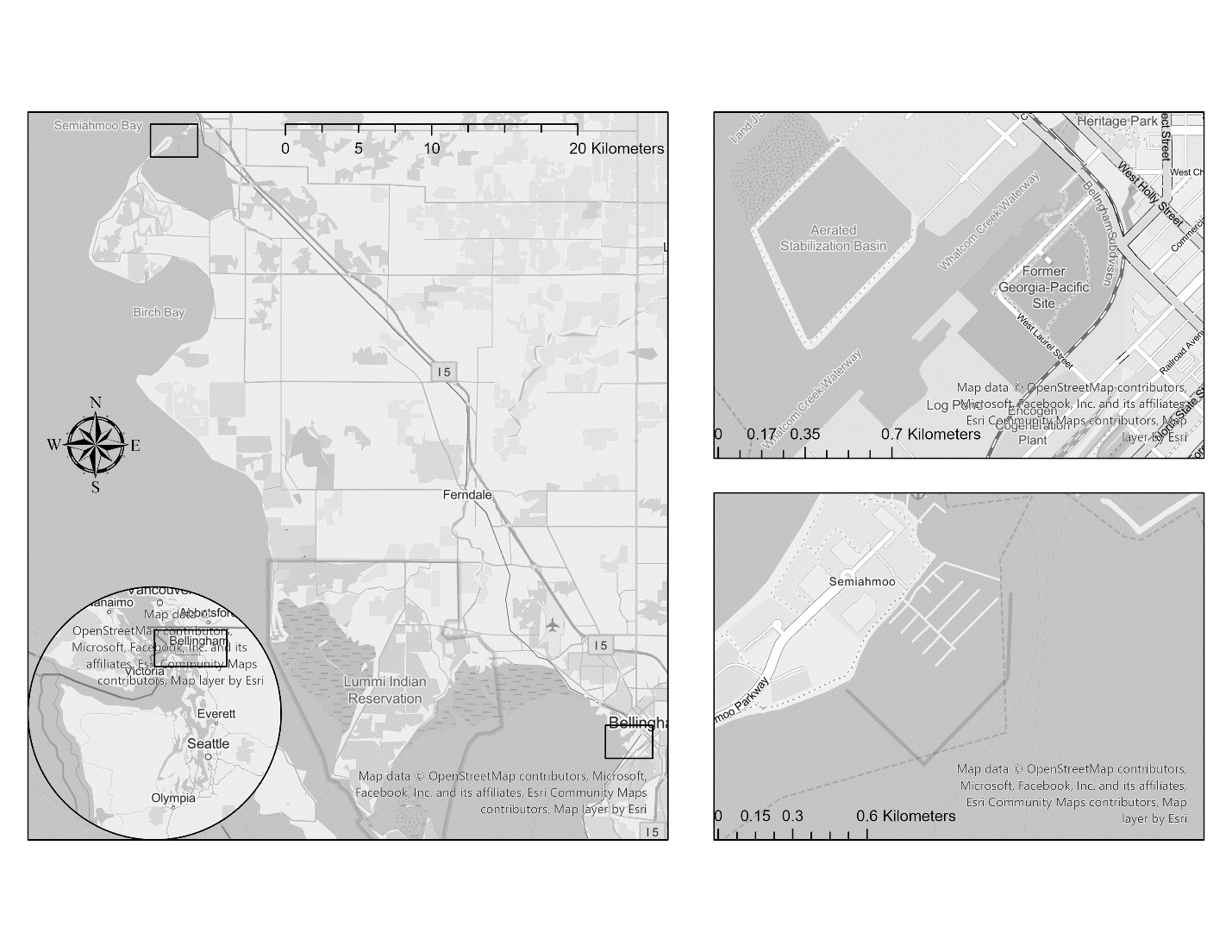


Figure 1: Haul-out sites in northwestern Washington State, USA, where harbor seal surveys were conducted. Stars indicate haul-out sites, two starts at the waterfront indicate the two separate locations (East and West). Top right: Bellingham waterfront, bottom right: Semiahmoo marina.

a) Chart, histogram

Description automatically generated

b) Chart, histogram

Description automatically generated

Figure 2: Histogram of harbor seals counts at the a) Bellingham waterfront and b) Semiahmoo marina. The black lines with grey fill indicate density graph of harbor seal counts. Counts at the waterfront include numbers from both East and West locations.

a.Chart, box and whisker chart

Description automatically generated

b.Chart, box and whisker chart

Description automatically generated

Figure 3: Number of harbor seals hauled-out relative to month at the a) Bellingham waterfront and b) Semiahmoo marina. Boxes indicate first quartile, median and third quartile haul-out numbers. Lines indicate minimum and maximum haul-out numbers. Dots indicate outliers. Counts at the waterfront include numbers from both East and West locations.

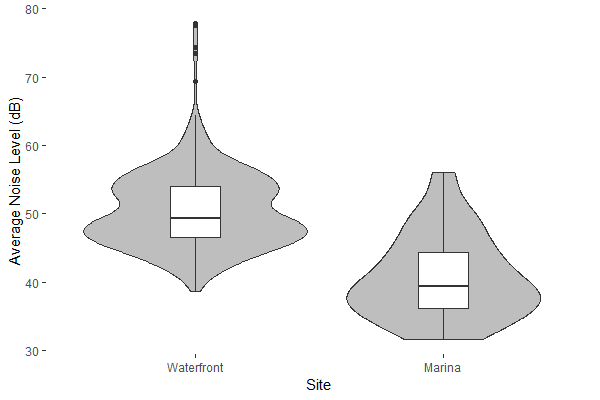


Figure 4: Probability density of in-air noise level in dB relative to site. Boxes inside density plots indicate first quartile, median and third quartile noise levels. Lines indicate minimum and maximum noise levels. Dots indicate outliers.

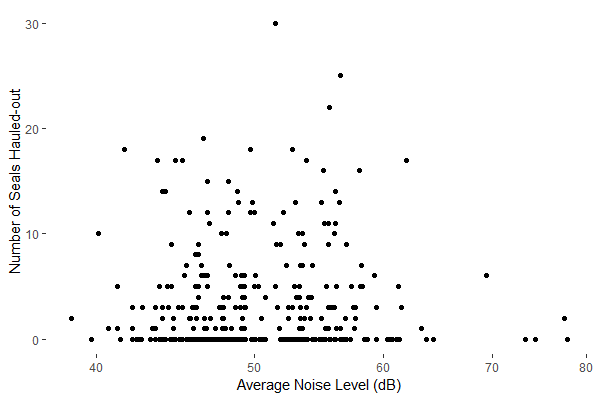
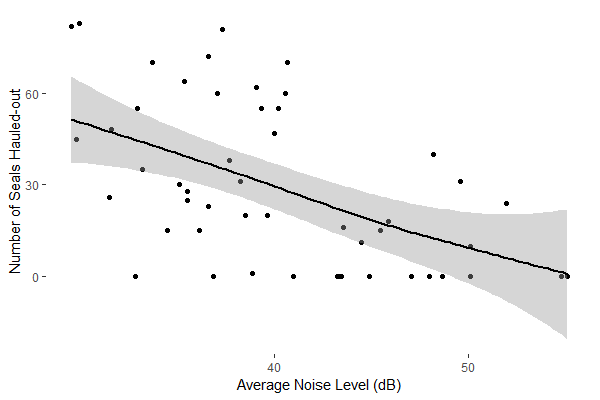
1. 
2. 

Figure 5: Scatter plot of number of seals hauled-out versus the average noise level in decibels during each 30-min observation period at the a) Bellingham waterfront and the b) Semiahmoo marina. The grey area around the regression line shows 95% confidence intervals.